



CALMING FOR DOGS AND CATS



- A calming support formula recommended for animals exposed to increased environmental stressors.
- When pets can't adapt to stress it can lead to nervousness, hyperactivity, excess barking, abnormal urine marking, excessive scratching, and destructive or aggressive behavior.
- **Recommended for:**

Changes to Environment	Company or Parties	Veterinary or Grooming Visits
Boarding or Holidays	Boredom or Separation Stress	Moving or Traveling
Medications or Vaccinations	Fireworks and Thunderstorms	
- **Calming for Cats and Dogs** help you to manage behavioral problems in pets without affecting your animal's emotional balance and personality. It contains a combination of ingredients not found in other calming formulas, which help reduce behavior problems associated with stressful situations.
- It combines a Colostrum Calming Complex from milk protein hydrolysate with L-Theanine, Thiamine (B1), and Lecithin (from soy) which all address stress management and calming.
- The Colostrum Calming Complex is isolated from colostrum proteins which have a calming effect on animals. These bioactive proteins have been found to support cognitive functioning and support stress reduction. The Colostrum Calming Complex works synergistically with the L-Theanine in this formula to promote relaxation and cognition.
- L-Theanine supports calming and relaxation, reduces irritability and low mood states. We use the Suntheanine® brand which has extensive research and documentation, that suggest it is helpful in the area of reducing stress and supporting calmness. L-Theanine is a naturally occurring amino acid found in green tea that is a derivative of glutamic acid a neurotransmitter in the brain. It helps the body to produce other calming amino acids, such as dopamine, GABA and Tryptophan and helps bring certain neurotransmitters into better balance. Studies done on L-Theanine showed that dogs reduced stress related behavior problems without adverse effects, and no reported drowsiness; dogs were alert, playful, and calmer than expected given their situations.
- Lecithin is calming to the nervous system. It is a phospholipid that contains Choline and Inositol which help to support brain function and reduce stress.
- B Vitamins help manage stress and help reduce irritability. Thiamine (Vitamin B1) specifically has been shown to affect the central nervous system to help calm and sooth anxious animals. Because Thiamine is not stored in the body, increased activity, stress, illness, or metabolism depletes its levels in the body. Deficiencies cause mental confusion, muscular weakness, muscle spasms, nervousness, and weight and appetite loss during periods of stress.
- **Calming for Cats and Dogs** does not contain any herbal ingredients (Kava Kava, Valerian, St. John's wort, etc.) or L-Tryptophan. The ingredients in **Calming for Cats and Dogs** do not cause side effects, addiction, drowsiness or impair motor skills.
- It can be used daily or just when extra help to relax is needed.
- **Directions For Use:** Shake well before use.
 - Cats (all):** 1/4 teaspoon daily.
 - Dogs:**
 - Under 25 lbs: 1/4 teaspoon daily.
 - 26 - 49 lbs: 1/2 teaspoon daily.
 - 50 - 75 lbs: 3/4 teaspoon daily.
 - 76 lbs and over: 1 teaspoon daily.
- **During Times of Increased Stress:** It is safe to double or triple the above amount, as needed.

CALMING FOR CATS & DOGS	
Active Ingredients Per 1/4 Teaspoon:	
Thiamine (B1)	31.25 mg
L-Theanine (Suntheanine® brand)	10.56 mg
Colostrum Calming Complex	5.28 mg
Inactive Ingredients: cornstarch, glycerin, guar gum, lecithin (from soy), maltodextrin, non-fat milk solids, silicon dioxide, sorbic acid, sucrose, vegetable oil, water.	

- **Calming Formula for Cats**
070C506.004 (3.8 oz Liquid, 94 Servings)
- **Calming Formula for Dogs**
0700506.004 (3.8 oz Liquid, 94 Servings)

Suntheanine® L-Theanine is patented and licensed by Taiyo International, Inc.

